

NEWTON-WELLESLEY SURGEONS, INC.

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MINOR PROCEDURE POSTOPERATIVE INSTRUCTIONS:

You have just undergone a minor procedure in our office. Your local anesthetic will likely wear off in the next four to six hours. I advise that you take one to two extra strength Tylenol tablets, about four hours after the procedure, prior to feeling any pain.

I may have also given you a prescription for stronger pain tablets. You may take those as needed after taking the Tylenol. You may also take Ibuprofen/Motrin instead.

Your dressing is waterproof. You may shower as early as this evening. Please remove the plastic outer dressing two days after your procedure. Underneath the plastic dressing and gauze, you'll see Steri-Strips. These are small and band-aid type dressings that will fall off on their own. If they have not fallen off by your two week follow up visit, I will remove them at that time.

If you develop increasing redness, increasing pain or colored discharge from the incision, please call the office. If you have any other questions, please call the office at the number above.